

## Restoring Sun Damaged Skin

*From: Office of: Dr. Dore Gilbert, Newport Dermatology & Laser Associates*

As the population ages, ever-increasing numbers of people are interested in improving their appearance. IPL technology is known for its ability to treat 'numerous' conditions associated with aging skin. But, in my opinion, even the best IPL system will only actually excel at two of them; 1) treating solar lentigines (brown spots caused by sun damage), and 2) diminishing redness caused by broken capillaries, fine surface veins and Rosacea.

The IPL (Intense Pulsed Light) process is called photo rejuvenation. It is most often used for the face, neck and hands as these are the areas that are most exposed to the sun. But, because the IPL is so effective in evening out skin tone and pigmentation, we find ourselves, more and more, treating other areas such as the arms and legs. The IPL treatment is ideal for patients with active lifestyles because the procedure requires no downtime and has a very low risk of side effects.

IPL technology greatly improves the appearance of sun damaged (photo aged) skin, it removes age spots (sun-induced freckles) most benign brown pigments and controls redness, red flushing and blotching.

The gentle, non-ablative treatments use broad spectrum light to treat virtually any area that sun damage shows. The treatment regimen typically consists of four to six treatments administered at three week intervals.

The best results, with the fewest number of procedures will always be achieved by using the highest end technology. Our office uses the Lume One, by Lumenis – the inventors of the IPL technology. The LumeOne is considered the 'Gold Standard' in IPL technology.



{Phases of IPL (intense pulsed light) procedure}

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